

Extra Virgin Olive Oil Lavender Body Soap

Lavender de Provence

Fresh Lavender de Provence is hand-picked and hung to dry for ten days before de-stemming and grinding. The ground buds are added to the soap along with Lavender de Provence essential oil just before being poured into the molds. The bars are cut seven days after removing from the mold and allowed to cure for four weeks to harden.

Adding lavender oil to your bath may significantly improve your mood, report researchers at the University of Wolverhampton in England. A study of 80 women published in the journal *Complementary Therapies in Medicine* found that people who added lavender to

their daily baths experienced reduced feelings of anger and frustration and had a more positive outlook. Melinda Minton, executive director of the Fort Collins, Colorado-based Spa Association isn't surprised. "We have found that lavender inspires clients to unwind," she says.

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80% Extra Virgin Olive Oil and Lavender Body Soap

Additives - Lavender hydrosol (water created from the essential oil distillation process), lavender essential oil, ground lavender buds.

Lush, full lather touched with subtle lavender. Super Seductive!

5 oz. bar \$ 12



"Lavender is known for its soothing, calming and healing properties."

Cited from Bramble Berry Soap making,
www.brambleberry.com

